# ORO-MEDONTE RECREATION GUIDE WINTER 2026



Proud Heritage, Exciting Future

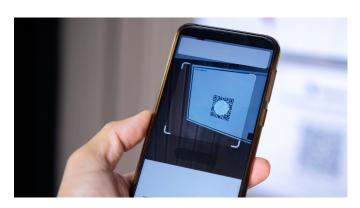
# Winter Program Registration Information

# Winter Program Registration Date Wednesday, December 10th, 2025 at 8:00AM

Program registration must be completed online via our online recreation portal PerfectMind. Visit by clicking the link: <a href="Oro-Medonte.perfectmind.com">Oro-Medonte.perfectmind.com</a>.

#### Or Scan the QR Code Below!





Program Facility Locations		
Oro Medonte Community Arena	71 Line 4 North, Guthrie	
W.R. Best Public School	2221 Old Barrie Rd W, Shanty Bay	
Guthrie Public School	5 Line S, Oro Station	
Carley Hall	396 Warminster Sideroad, Moonstone	
Simcoe Woods Community Centre	737 Horseshoe Valley Road West, Oro-Medonte	



## **Questions?**

If you have any questions or require assistance, please e-mail <a href="mailto:recreation@oro-medonte.ca">recreation@oro-medonte.ca</a>.

# **Registration Information**

### **Registration Forms**

Please complete all of the required fields on your registration questionnaire to ensure that we have all the necessary information. In addition ensure you read registration details prior to checking out.

#### Registrations

We reserve the right to withdraw, postpone, cancel or combine classes, limit registration, or change instructors. Every effort is made to enroll you in your 1st program choice. Should the program be full, please add yourself to the waiting list. Wait lists will be accommodated where possible.

### **Waiting List**

If you would like to register in a program that is already full, please add your name to the wait list. Every effort is made to accommodate waitlist participants by either adding additional classes or transferring to another available program, where possible.

#### **Schedules**

Our best effort is made to provide you with the most accurate information at the time of printing, however, schedules are subject to change. We reserve the right to cancel, amend, change, postpone or combine classes/activities that are listed in this guide.

#### **Transfers**

Transfers for general programs can take place at any time, subject to availability.

#### **Cancellations**

If a program is cancelled, you will be notified by email or telephone. You may transfer to another program, free of charge (subject to availability), receive a full refund, or apply a credit to your account.

### **Recreation Fee Assistance Program**

The Township of Oro-Medonte, in partnership with **We Are The Villagers**, is committed to making recreation



accessible to all residents. Through the Recreation Fee Assistance Program, eligible residents can receive financial assistance to help reduce the cost of participating in recreational activities.

Learn more at: oro-medonte.ca/recreation-assistance

### Refunds

**ALL** withdrawal requests must be emailed to: <u>igrubb@oro-medonte.ca</u>. Requests made 7 days before the start of the program will receive a full refund. For all other withdrawals requests, please see the refund chart below. (*Please allow 2-3 weeks for all refunds payments to be processed*).

#### **Non-Medical Refunds**

Non-medical refund requests for **ALL PROGRAMS** will only be accepted prior to the second regularly scheduled class.

Cancellation Options	Refund Policy
7 Days or more prior to the start of the program.	Full refund, no administration fee.
6 Days or less prior to the start of the program.	Full refund, less the \$25.00 administration fee.
After 1st class, before the 2nd class.	Pro-rated refund, less the \$25.00 administration fee.
After the start of the second class.	No refund.

#### **Refunds Due to Medical Issues**

Refund requests due to a medical issue, must be emailed to <u>igrubb@oro-medonte.ca</u> with a copy of a doctor's note. Refunds will be prorated based on the date the request is received, not the date of the injury. An administrative may apply.

## Safe Arrival & Departure

We kindly ask that parents/guardians come into the room and check in with the instructor during program drop off/pick up. If someone else will be picking up your child, let the instructor know at the start of the program.

## **Participant Behaviour**

We want to create an environment of trust, safety and fun! Disrespectful or aggressive behaviour is not acceptable. If inappropriate behaviour occurs, a participant's actions may lead to their removal.

## Photographs/Videos

The Community Services Department requires permission for photos to be taken and used to promote programs. Permission can be accepted or rejected during the registration process.

# **Pre-School Programs**

# **Fun Themed Workshops**

Join Us For These Exciting Programs!

### **Happy Hearts**

Age: 2 to 4 years



in this Valentine's-themed workshop full of heartwarming fun! Kids will enjoy creative crafts, sweet activities, and playful games that highlight what it means to care for ourselves and others.

DAY	DATE	TIME	FEE/CLASS
Sat	Feb 14	1:15pm - 2:00pm	\$14.00/1

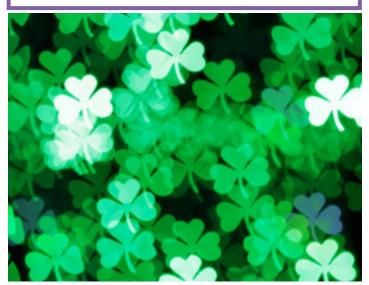
#### **Lucky Leprechauns**

Age: 2 to 4 years



Celebrate the magic of St. Patrick's Day with a workshop full of lucky fun! Kids will enjoy themed crafts, games, and activities inspired by rainbows, shamrocks, and mischievous leprechauns.

DAY	DATE	TIME	FEE/CLASS
Sat	Mar 14	1:15pm - 2:00pm	\$14.00/1







## **Registered Programs**

#### **Jumping Jellybeans**

Age: 11m to 2.5 years



Discover, play, and grow! This lively program is designed for toddlers and their grown-ups to explore a variety of fine and gross motor activities through weekly themed rotations. Each session offers new toys, movement stations, and sensory experiences that encourage coordination. curiosity, and social interaction. It's a joyful space for little ones to move, connect, and build early skills in a playful, supportive environment.

\*\*No Class: Feb 16th, Mar 16th & Mar 18th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	9:45am - 10:30am	\$87.50/7
Wed	Jan 28	9:45am - 10:30am	\$100.00/8

# Little Sluggers

Age: 4 to 6 years

**Location: Simcoe Woods Community Centre** 

Step up to the plate! Little Sluggers introduces young athletes to the fundamentals of T-ball through fun drills, teamwork, and play. With a focus on basic skills like throwing, catching, and hitting, this beginner-friendly program builds confidence and coordination while keeping the game lighthearted and engaging.

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	5:30pm - 6:15pm	\$100.00/8





# **Pre-School Programs**

#### **Mommy & Me Fitness**

Age: 0 to 18 months

#### **Location: Simcoe Woods Community Centre**

A gentle and joyful fitness program designed for caregivers and their little ones. Each session blends light movement, bonding activities, and playful interaction, creating a supportive space to build strength, nurture connections, and enjoy early milestones together.

\*\*No Class: Mar 17th & Mar 19th

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	10:00am - 10:45am	\$100.00/8
Thu	Jan 29	11:00am - 11:45am	\$100.00/8

## MonkeyNastix WW

Age: \*1 to 2.5 years ~2 to 3.5 years ^3 to 4.5 years

#### **Location: Simcoe Woods Community Centre**

A fun fitness movement education program focusing on gross and fine motor skills, balance and co-ordination, spatial and body awareness with a variety of safe activities (using specialized equipment) and music. Focus is on Fun, Fitness and self-confidence!

\*\*No Class: Feb 21st and Feb 28th

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	9:30am - 10:00am *	\$109.00/6
Sat	Jan 24	10:10am - 10:40am ~	\$109.00/6
Sat	Jan 24	10:50am - 11:20am ^	\$109.00/6

#### **Pre-School Dance**

Age: 4 to 6 years

#### **Location: Simcoe Woods Community Centre**

Tiny twinkling toes bouncing! Join this introductory to dance program. Dancers will learn basic skills, feel the rhythm and experience movement to music with a short show for families at the end of the program. This program is ideal for littles that enjoy music to express their creativity and get their wiggles out!

\*\*No Class: Feb 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	5:30pm - 6:15pm	\$100.00/8

# Zumbini **NEW**

Age: 0 to 4 years

#### **Location: Simcoe Woods Community Centre**

Sing, shake, and groove together! Zumbini blends upbeat original music with playful movement and simple instruments to create a joyful bonding experience for little ones and their caregivers. Each class features easy-to-follow dance moves, sit-and-sing moments, and handson fun with shakers, rhythm sticks, and more.

\*\*No Class: Feb 20th, Feb 27th & Mar 20th

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 23	10:30am - 11:15am	\$130.00/7





# **Children Programs**

### **Fun Themed Workshops**

Join Us For These Exciting Programs!

### **Happy Hearts**

Age: 5 to 7 years

Location: Simcoe Woods Community Centre
Celebrate love, friendship, and kindness
in this Valentine's-themed workshop full of
heartwarming fun! Kids will enjoy creative crafts,
sweet activities, and playful games that highlight
what it means to care for ourselves and others.

DAY	DATE	TIME	FEE/CLASS
Sat	Feb 14	2:15pm - 3:15pm	\$14.00/1

#### **Lucky Leprechauns**

Age: 5 to 7 years

Location: Simcoe Woods Community Centre Celebrate the magic of St. Patrick's Day with a workshop full of lucky fun! Kids will enjoy themed crafts, games, and activities inspired by rainbows, shamrocks, and mischievous leprechauns.

DAY	DATE	TIME	FEE/CLASS
Sat	Mar 15	2:15pm - 3:15pm	\$14.00/1

# **Registered Programs**

#### **Children's Dance**

Age: 7 to 10 years

Location: Simcoe Woods Community Centre
Join this fun-filled dance program crafted just for
kids ready to move, groove, and grow. Young
dancers will explore basic technique, musicality,
and creative movement through energetic
classes that build confidence and coordination.
The program wraps up with a delightful
performance for family to showcase their rhythm
and shine!

\*\*No Class: Feb 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	6:30pm - 7:30pm	\$100.00/8

## Children's Theatre NEW

Age: 7 to 10 years

**Location: Simcoe Woods Community Centre** 

Lights, stage, action! Children's Theatre is a playful introduction to the world of performance, where young stars build confidence and creativity through theatre games, blocking, and rehearsals. Over the session, participants will work together to bring a final production to life for family and friends.

\*\*No Class: Feb 20th and Feb 27th

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 30	6:00pm - 7:00pm	\$120.00/8

## Circle of Strength

Age: 7 to 10 years

**Location: Simcoe Woods Community Centre** 

Celebrate what makes you, you! In this two-day workshop, kids will explore self-esteem and wellness through the teachings of the Medicine Wheel. With group sharing, creative activities, and movement, participants will reflect on physical, emotional, and mental well-being. From playful games to thoughtful discussions, this program helps children build confidence, connect with others, and discover their inner strengths—all in a safe and supportive circle.

DAY	DATE	TIME	FEE/CLASS
Sun	Feb 1 & 8	11:00am - 12:00pm	\$30.00/2
Sun	Mar 8 & 15	11:00am - 12:00pm	\$30.00/2



# **Children Programs**

### **Junior Basketball - Elevation Athletics**

Location: Simcoe Woods Community Centre
Junior Basketball participants will learn the
fundamental skills of basketball through fun,
engaging games and drills, building essential
qualities including leadership, sportsmanship,
teamwork and respect. This program is offered by
the Elevation Athletics Association. Basketballs
will be provided to use.

\*\*No Class: Feb 21st and Feb 28th

Age: 5 to 7 years

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	8:00am - 8:50am	\$136.00/8

Age: 8 to 10 years

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	9:00am - 9:50am	\$136.00/8

Age: 11 to 13 years

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	10:00am - 10:50am	\$136.00/8

## Parents' Night Out

Location: Simcoe Woods Community Centre
Need a night off? Drop the kids off for an evening
of fun while you enjoy some well-deserved time
to yourself! Once a month, kids can join us for 2
hours of games, crafts, and active play in a safe,
supervised setting.

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 30	5:30pm - 7:30pm	\$25.00/1
Fri	Mar 6	5:30pm - 7:30pm	\$25.00/1
Fri	Mar 27	5:30pm - 7:30pm	\$25.00/1

#### **Walking School Bus**

Age: 4 to 10 years

#### **Location: Simcoe Woods Community Centre**

A playful, hands-on after-school experience for curious kids who love to build, explore, and create. Each week features STEAM-inspired crafts, open-ended activities, and guided play that sparks imagination and collaboration.

\*\*No Class: Mar 17th and 19th

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 20	3:50pm - 5:30pm	\$370.00/18
Thu	Jan 22	3:50pm - 5:30pm	\$370.00/18

## Talent - Young Athlete Development

Age: 6 to 8 years

#### **Location: Simcoe Woods Community Centre**

Move, think, and play with purpose! Talent – YAD is a dynamic multi-sport and movement program designed to help kids build foundational skills across a variety of activities. Participants will explore ball games like basketball, handball, and dodgeball, and boost their athletic literacy through fun drills that develop agility, balance, coordination, and speed. It's a great way to grow confidence and stay active!

\*\*No Class: Feb 21st and Feb 28th

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	11:00am - 12:00pm	\$156.00/8



# Youth Programs

## **Registered Programs**

## Leader in Training L.I.T.

Age: 11 to 15 years

**Location: Simcoe Woods Community Centre** 

This program is designed for youth who want to grow as leaders while building valuable skills for future jobs, volunteering, and community involvement. Participants will learn communication, teamwork, and problem-solving skills, explore strategies for working with children, and gain confidence in leading games and activities. By the end of the course, participants will be prepared with leadership experience, interview practice, and the confidence to contribute to their community and future workplaces.



DAY	DATE	TIME	FEE/CLASS
Sun	Jan 25	11:00am - 12:30pm	\$80.00/8

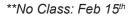


# Youth Dance

Age: 11 to 15 years

**Location: Simcoe Woods Community Centre** 

Step into the spotlight! This is a high-energy, four-week program where youth explore a new dance style each week—Jazz, Hip-Hop, Lyrical, and Musical Theatre. Led by our talented staff and high school dance coach, this program is perfect for dancers of all experience levels looking to build skills, express themselves, and have fun.



DAY	DATE	TIME	FEE/CLASS
Sun	Jan 25	10:00am - 10:50am	\$50.00/4
Sun	Mar 8	10:00am - 10:50am	\$37.50/3



# RECREATION FEE ASSISTANCE PROGRAM

In partnership with We Are The Villagers, we are proud to offer the Recreation Fee Assistance Program—making recreation more accessible for all residents.

Eligible individuals and families can receive financial support to help reduce the cost of participating in local recreation programs.

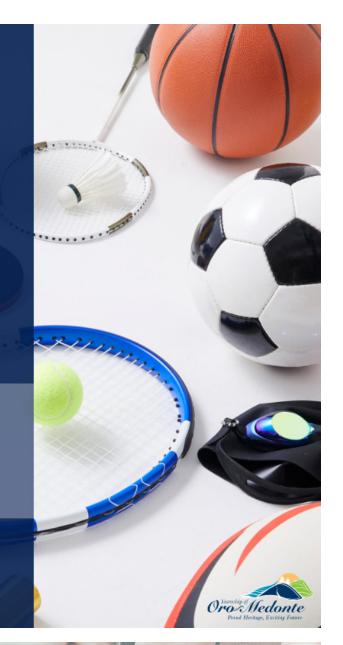
#### TO APPLY YOU'LL NEED:

- Proof of Oro-Medonte residency
- ID for each household member
- Documentation of household income or financial need

#### **APPLY ONLINE**

WWW.WEARETHEVILLAGERS.CA

LOOK FOR APPLICATION FOR FUNDING SECTION





Days: Tuesdays & Fridays Time: 1:45 p.m. - 3:15 p.m. Location: SWCC Gymnasium

**Admission** 

# **Adult Programs**

# **Registered Programs**

# Line Dancing - Beginners

Age: 18+

#### **Location: Simcoe Woods Community Centre**

New to line dancing? This class is designed just for you! Learn popular steps at a comfortable pace with plenty of repetition and guidance. Each session focuses on building confidence and coordination while keeping things light, fun, and easy to follow. No experience needed—just bring your energy and enjoy the music!

\*\*No Class: Mar 19th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	10:00am - 10:50am	\$100.00/8

#### **Line Dancing**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Ready to take your line dancing to the next level? This class is ideal for those with some experience who are looking to build on their skills. Each week introduces new routines and gradually increases in complexity, helping dancers improve rhythm, memory, and technique. Come prepared to move, learn, and have a great time!

\*\*No Class: Feb 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	7:45pm - 9:00pm	\$120.00/8



# Pathways to Wellness

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Reconnect, reflect, and restore. This two-day holistic healing workshop invites adults to explore personal wellness through the teachings of the Medicine Wheel. In a welcoming and supportive space, participants will engage in meaningful discussions and activities focused on emotional, spiritual, mental, and physical health. Guided by Indigenous perspectives, this journey encourages self-discovery, balance, and connection—offering tools to support your ongoing healing and growth.

DAY	DATE	TIME	FEE/CLASS
Sun	Feb 1 & 8	12:00pm - 1:30pm	\$30.00/2
Sun	Mar 8 & 15	12:00pm - 1:30pm	\$30.00/2

#### Pickleball League - Beginner

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Offered in partnership with Elevation Athletics Association, this weekly pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches competing for individual points and league ranking. Paddles will be provided for players who do not have their own. This league is for players that may be new to pickleball.

\*\*No Class: Feb 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	6:00pm - 7:45pm	\$136.00/8



# **Adult Programs**

# Pickleball League - Intermediate

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Offered in partnership with Elevation Athletics, this weekly Pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches and will be competing for individual points and league ranking. This league focuses on competitive game play for players in the 3.0-4.0 level.

\*\*No Class: Feb 26th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	7:30pm - 9:15pm	\$136.00/8

### **Pickleball Lessons - Beginners**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Offered in partnership with Elevation Athletics Association, players will learn and improve upon pickleball basics and be able to play with confidence at the end of the 8-week program. Coaches will cover the fundamentals of serving, return and volley. All players will be assessed based on the Canadian Pickleball Rating system on the last day. All abilities and skill levels are welcome. Players are welcome to bring their own paddles however, paddles will be available for those who do not have one.

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	6:00pm - 7:00pm	\$117.00/8
Tue	Jan 27	7:15pm - 8:15pm	\$117.00/8
Wed	Jan 28	6:00pm - 7:00pm	\$117.00/8
Wed	Jan 28	7:15pm - 8:15pm	\$117.00/8

#### **Seniors Card & Board Games**

Age: 55+

#### **Location: Simcoe Woods Community Centre**

Gather with friends old and new for an afternoon of classic games, laughter, and light-hearted competition! Whether you're a seasoned player or just looking to learn, this welcoming social program is perfect for adults 55 and up who want to stay sharp, share stories, and enjoy a relaxed and friendly atmosphere.

\*\*No Class: Feb 16th & Mar 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	1:30pm - 3:00pm	\$15.00/7

#### **Seniors Social**

Age: 55+

#### **Location: Simcoe Woods Community Centre**

Our Seniors Social Program is designed to provide a welcoming and engaging environment for older adults. The program focuses on fostering social connections and mental well-being and offering a variety of activities. Social hours could include things such as cards, story telling, crafting, puzzles and board games. Other suggestions from participants are welcomed.

DAY	DATE	TIME	FEE/CLASS
Wed	Jan 28	1:30pm - 3:00pm	\$20.00/7

#### **Watercolour Landscapes**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Explore how to capture light, atmosphere, and mood in landscape painting. This workshop focuses on simplifying composition, understanding colour mixing for natural scenes, and developing your personal painting style through guided demonstrations and individual support.

DAY	DATE	TIME	FEE/CLASS
Tue	Feb 10	1:30pm - 3:00pm	\$78.00/2

# Adult Programs

#### **Beginners Collage Workshop**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

An inspiring introduction to collage art. Experiment with creating unique collage paper, layering, composition. Participants will explore texture, colour, and form to create expressive collage artworks. Includes some materials; a supply list will be provided.

DAY	DATE	TIME	FEE/CLASS
Tue	Feb 24	1:30pm - 3:00pm	\$78.00/2



### **Abstract Collage Creations**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Push the boundaries of collage and abstraction. This workshop encourages intuitive play with shapes, layers, and textures while exploring composition and design principles. Perfect for artists wanting to develop a personal, expressive approach to abstract mixed media.

\*\*No Class: Mar 17th

DAY	DATE	TIME	FEE/CLASS
Tue	Mar 10	1:30pm - 3:00pm	\$78.00/2

#### **Plant Therapy**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Join us for an engaging experience that rejuvenates your mind and spirit through petal pressing, art, gel art, and other captivating activities. Explore the appealing world of plants as we delve into their beauty, benefits, and healing properties.

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 23	1:30pm - 3:00pm	\$183.00/4

#### **Climate Resilient Gardening**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Learn how to cultivate a vibrant and sustainable garden that thrives in changing climate conditions. Explore innovative techniques to enhance soil health, select drought-tolerant plants, and implement water-efficient practices. Whether you're a novice gardener or an experienced green thumb all are welcome!

DAY	DATE	TIME	FEE/CLASS
Fri	Mar 3	1:30pm - 3:00pm	\$183.00/4



# Camp Programs



#### PA Day Camp Age: 4 to 12 years

**Location: Simcoe Woods Community Centre** 

Looking for a fun way to spend your day off school? Join us for PA Day Camp, packed with exciting activities to keep kids active and engaged! Campers will enjoy crafts, games, gym time, and—weather permitting—outdoor play, so please bring weather-appropriate clothing and indoor shoes. It's a full day of creativity, movement, and fun with friends!

**Note:** Drop-off time from is 8:30am to 9:00am. Pick-up time is from 4:00pm to 5:00pm.

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 30	8:30am - 5:00pm	\$50.00/1

March Break Fun Age: 4 to 12 years

**Location: Simcoe Woods Community Centre** 

Make the most of your March Break with a week of camp! Each day features crafts, games, gym activities, and outdoor play when the weather allows—so don't forget indoor shoes and clothing for all conditions. Plus, we have a special guest appearance planned to make this week extra memorable!

**Note:** Drop-off time from is 8:30am to 9:00am. Pick-up time is from 4:00pm to 5:00pm.

DAY	DATE	TIME	FEE/CLASS
M-F	Mar 16-20	8:30am - 5:00pm	\$225.00/5





#### Classic Yoga – With Sharron

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Breathe, stretch, and center yourself in this traditional yoga class designed to support both body and mind. Through a blend of foundational poses, gentle flows, and mindful breathing, participants will improve flexibility, strength, and balance while cultivating relaxation and inner calm.

#### \*\*No Class:

Mondays - Feb 16<sup>th</sup> & Mar 16<sup>th</sup> Wednesdays - Mar 18<sup>th</sup> Saturdays - Feb 21<sup>st</sup> & Feb 28<sup>th</sup>

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	11:00am - 11:50am	\$60.00/8
Mon	Jan 26	11:00am - 11:50am	\$52.50/7
Wed	Jan 28	11:00am - 11:50am	\$60.00/8

#### **Chair Yoga – With Sharron**

Age: 55+

#### **Location: Simcoe Woods Community Centre**

A supportive and accessible way to enjoy the benefits of yoga without getting down on the mat. Using a chair for seated and standing poses, participants will improve mobility, strength, and relaxation through gentle movement and breathwork. Perfect for beginners, older adults, or anyone looking for a low-impact option.

#### \*\*No Class:

Mondays - Feb 16<sup>th</sup> & Mar 16<sup>th</sup> Wednesdays - Mar 18<sup>th</sup> Saturdays - Feb 21<sup>st</sup> & Feb 28<sup>th</sup>

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	12:00pm - 12:50pm	\$60.00/8
Mon	Jan 26	12:00pm - 12:50pm	\$52.50/7
Wed	Jan 28	12:00pm - 12:50pm	\$60.00/8

#### **Morning Yoga – With Laurie**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Start your day with intention and energy. Morning Yoga is a gentle, grounding class that blends breathwork and movement to awaken the body and calm the mind. Through flowing sequences and mindful stretches, participants will build flexibility, strength, and focus—setting a positive tone for the day ahead. Whether you're easing into your morning or deepening your practice, this class offers a peaceful and refreshing start.

\*\*No Class: Feb 16th

DAY	DATE	TIME	FEE/CLASS
Mon	Jan 26	6:00am - 6:50am	\$60.00/8
Mon	Jan 26	7:00am - 7:50am	\$60.00/8
Wed	Jan 28	6:30am - 7:20am	\$60.00/8
Wed	Jan 28	7:30am - 8:20am	\$60.00/8

#### **Evening Yoga – With Crystal**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Unwind and reset after a busy day. Evening Yoga offers a gentle flow designed to release tension, restore energy, and bring balance to body and mind. Through mindful movement, breathwork, and grounding poses, participants will ease into the evening feeling refreshed and relaxed. Whether you're wrapping up your workday or transitioning into a peaceful night, this class is the perfect way to pause and reconnect.

DAY	DATE	TIME	FEE/CLASS
Wed	Jan 28	7:00pm - 7:50pm	\$60.00/8

# **Evening Chair Yoga – With Crystal** Age: 18+

#### **Location: Simcoe Woods Community Centre**

Ease into your evening with gentle movement and mindful breath. Evening Chair Yoga offers a relaxing way to stretch, strengthen, and unwind—using a chair for support in both seated and standing poses. Perfect for those seeking a low-impact option, this class focuses on mobility, balance, and stress relief in a peaceful, accessible format.

DAY	DATE	TIME	FEE/CLASS
Wed	Jan 28	6:00pm - 6:50pm	\$60.00/8

#### **REFIT** – With Angela

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Feel the music, find your strength, and have fun while you move! REFIT® is a dynamic dance fitness class that blends cardio, toning, balance, and flexibility into one energizing workout. Set to upbeat music and designed for all fitness levels, REFIT® focuses on building community as much as breaking a sweat.

\*\*No Class: Feb 26th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	6:00pm - 6:50pm	\$60.00/8
Thu	Jan 29	7:00pm - 7:50pm	\$60.00/8

# Senior Sneakers – With Lauren

Age: 55+

#### **Location: Simcoe Woods Community Centre**

Stay active, strong, and social with Senior Sneakers! This low-impact fitness class is designed specifically for older adults, focusing on improving strength, balance, flexibility, and cardiovascular health in a fun and supportive environment. With easy-to-follow movements participants can enjoy a safe workout that promotes overall wellness and keeps you moving with confidence.

\*\*No Class: Mar 17th

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	11:00am - 11:50am	\$60.00/8

#### Strength Bootcamp – With Lauren

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Challenge your limits with this full-body training class that blends power moves, functional strength exercises, and endurance drills. Designed to push you and build real results, Strength Bootcamp combines high-intensity intervals with targeted strength work to improve muscle tone, stamina, and overall fitness.

\*\*No Class: Mar 17th & Mar 19th

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	12:00pm - 12:50pm	\$60.00/8
Thu	Jan 29	12:00pm - 12:50pm	\$60.00/8



#### Women's Cardio Kick - With Lauren

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Ignite your energy and build endurance with this high-intensity workout with dynamic cardio. Perfect for all fitness levels, Cardio Kick will leave you sweating, smiling, and stronger than ever.

\*\*No Class: Mar 19th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	1:00pm - 1:50pm	\$60.00/8

#### Men's Fit - With Lauren

Age: 18+

#### **Location: Simcoe Woods Community Centre**

A strength-focused training class designed for men looking to challenge themselves and build functional fitness. Combine resistance, mobility, and cardio drills in a motivating group setting that pushes limits and promotes overall wellness.

\*\*No Class: Mar 19th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	2:00pm - 2:50pm	\$60.00/8

#### HIIT - With Elisa

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Push your pace and power up your workout! HIIT is a fast-paced fitness class that combines short bursts of high-intensity movement with brief recovery periods to maximize results. Each session blends cardio, strength, and endurance exercises designed to build muscle, and improve overall fitness.

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	6:00am - 6:50am	\$60.00/8

#### Strength & Stretch - With Elisa

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Build strength and find balance in this two-part fitness class designed to support posture, stability, and mobility. The first half focuses on low-impact strength training using resistance bands and light weights, followed by a calming stretch and relaxation session to help release tension and improve flexibility.

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	6:00am - 6:50am	\$60.00/8

#### **Total Body Strength - With Elisa**

Age: 18+

#### **Location: Simcoe Woods Community Centre**

This full-body workout targets major muscle groups through a mix of resistance training, functional movements, and strength-building circuits. Using weights, bands, and bodyweight exercises, participants will improve endurance, tone muscles, and boost overall strength.

DAY	DATE	TIME	FEE/CLASS
Fri	Jan 30	6:00am - 6:50am	\$60.00/8

## Pulse & Poise – With Yaz

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Build strength, stability, and confidence through a full-body workout inspired by Pilates. This class focuses on posture, balance, and core control through low-impact, strength-based movements. Expect a dynamic mix of mat and standing exercises that improve muscle tone, mobility, and alignment.

\*\*No Class: Mar 19th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	8:00am - 8:50am	\$60.00/8

# Body Ballet - With Yaz

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Where strength meets grace. This uplifting workout draws inspiration from classical ballet to build balance, posture, and strength through flowing, full-body movement. Expect a dynamic mix of barre-style sequences, elegant standing work, and mat exercises that sculpt and lengthen the body while improving coordination and flexibility.

\*\*No Class: Mar 19th

DAY	DATE	TIME	FEE/CLASS
Thu	Jan 29	9:00am - 9:50am	\$60.00/8

#### Muscle Up - With Sandi

Age: 18+

#### **Location: Simcoe Woods Community Centre**

This strength & conditioning class will help you in building muscle through resistance training using body weight as well as equipment. Functional training will allow you to move better & feel stronger in your everyday life.

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	6:00pm - 6:50pm	\$60.00/8

# Strength & Stretch – With Sandi

Age: 18+

#### **Location: Simcoe Woods Community Centre**

Build strength and find balance in this two-part fitness class designed to support posture, stability, and mobility. The first half focuses on low-impact strength training using resistance bands and light weights, followed by a calming stretch and relaxation session to help release tension and improve flexibility.

DAY	DATE	TIME	FEE/CLASS
Tue	Jan 27	7:00pm - 7:50pm	\$60.00/8

# Piloga – With Sandi

Age: 55+

#### **Location: Simcoe Woods Community Centre**

Piloga blends the core-strengthening principles of Pilates with the flexibility and mindfulness of Yoga for a balanced, low-impact workout. This class focuses on improving posture, building core stability, enhancing flexibility, and reducing stress through controlled movements and breathing techniques.

\*\*No Class: Feb 21st & Feb 28th

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	9:00am - 9:50am	\$60.00/8

# Senior Sneakers – With Sandi

Age: 55+

#### **Location: Simcoe Woods Community Centre**

Stay active, strong, and social with Senior Sneakers! This low-impact fitness class is designed specifically for older adults, focusing on improving strength, balance, flexibility, and cardiovascular health in a fun and supportive environment. With easy-to-follow movements participants can enjoy a safe workout that promotes overall wellness and keeps you moving with confidence.

\*\*No Class: Feb 21st & Feb 28th

DAY	DATE	TIME	FEE/CLASS
Sat	Jan 24	10:00am - 10:50am	\$60.00/8



# **Drop-Ins**

A flexible and casual way for participants to enjoy recreational activities without needing to register in advance. These sessions are open to all skill levels and provide access to equipment and space, with staff present to ensure a safe and welcoming environment. Instruction is not provided, making it perfect for self-guided play, practice, or friendly competition.



#### Open Gym

Move freely in a multi-use space designed for unstructured activities. Available items include cones, mats, skipping ropes, hula hoops, assorted fitness accessories, light balls and other interactive gear.



#### **Badminton**

Enjoy light competition or personal skill-building. We supply rackets, birdies (shuttlecocks) and nets.



#### Basketball

Enjoy spontaneous hoops action with friends or solo practice. We provide basketballs in various sizes and adjustable and regulation-height nets.



#### **Pickleball**

Fast-paced fun meets easy-to-learn game play. We supply pickleball paddles, balls and nets.



#### Volleyball

Serve, spike, and rally in a casual setting. We provide the volleyballs and regulation-height nets.

# **Drop-In Fees: Single Admission & 10 - Punch Passes**

The Township of Oro-Medonte is offering both single visit admission as well as 10-visit punch pass options for both Drop-in Gym times and Fitness Classes.

Single Visit / 10-Visit Pass		
	Fitness Classes	Gym Drop-Ins
Children (12yrs & under)	-	\$2.15 / \$20.00
Youth (13yrs - 17yrs)	-	\$3.15 / \$30.00
Adult (18yrs+)	\$6.00 / \$50.00	\$3.75 / \$35.00
Senior (55yrs+)	\$5.25 / \$42.50	\$2.00 / \$17.50
Special Needs Adult	\$5.25 / \$42.50	\$2.00 / \$17.50
Family*	-	\$9.50 / \$92.00

<sup>\*</sup>Family Pass includes up to 5 family members (2 adults and up to 3 children/youth or 1 adult and up to 4 children/youth) living at the same address. Additional Children can be added for standard pricing.

# **Drop-Ins**

# **Pre-School Drop-Ins**Under 5yrs accompanied by an adult

#### **Open Gym**

Day(s)	Time
Tue/Thu	9:45am - 11:15am
Sat	9:45am - 11:15am

# **Family Drop-Ins**

#### **Open Gym**

Day(s)	Time
Wed	1:30pm - 3:00pm
Thu	2:00pm - 3:30pm

#### **Pickleball**

Day(s)	Time	
Sun	8:00am - 9:30am	

### Volleyball

Day(s)	Time	
Tue	6:30pm - 8:00pm	

# **Youth Drop-Ins**

#### 13-17vrs

# **Open Gym**

Day(s)	Time	
Mon/Wed	4:00pm - 5:30pm	
Fri	7:30pm - 9:00pm	
Sun	12:30pm - 2:00pm	

#### **Basketball**

Day(s)	Time	
Wed/Thu	6:00pm - 7:30pm	
Sat	8:00am - 9:30am	



# **Adult Drop-Ins** 18yrs+

#### Volleyball

Day(s)	Time	
Mon	8:00pm - 9:30pm	

#### **Pickleball**

Day(s)	Time	
Mon/Wed/Fri	10:00am - 11:30am	
Sun	9:30am - 11:00am	

#### **Badminton**

Day(s)	Time
Wed	8:00pm - 9:30pm

#### **Basketball**

Day(s)	Time
Tue	8:00pm - 9:30pm

# **Senior Drop-Ins** 55yrs+

#### Pickleball - Beginners

Day(s)	Time	
Tue/Thu	11:45am - 1:15pm	

#### **Pickleball - Intermediate**

Day(s)	Time	
Wed	11:45am - 1:15pm	

### **Winter Walking Drop-Ins** Starting January 2026\*

Day(s)	Time	Fee
Tue/Fri	1:45pm - 3:15pm	\$1.00

<sup>\*</sup>Please note: Schedules are subject to change. Please check www.oro-medonte.ca for the most up-to-date drop-in times.

# **Community Halls**



#### **Carley Hall**

396 Warminster Side Rd

Booking Information: carleycommunityhall.com

#### Perfect for:

- Meetings
- Weddings
- Parties



#### **Eady Hall**

73 Eady Station Road

Booking Information: <a href="mailto:eadycommunityhall@gmail.com">eadycommunityhall@gmail.com</a>

#### Perfect for:

- Meetings
- Gatherings
- Parties



#### **Edgar Hall**

1167 Old Barrie Road West

Booking Information: <a href="mailto:lorijchalmers@gmail.com">lorijchalmers@gmail.com</a>

#### Perfect for:

- Meetings
- Bridal Showers
- Parties



#### **Hawkestone Hall**

3 Allen Street

Booking Information: <a href="mailto:hawkestonehall@gmail.com">hawkestonehall@gmail.com</a>

#### Perfect for:

- Meetings
- Parties
- Pickleball



#### **Jarratt Hall**

837 Horseshoe Valley Road

Booking Information: evelynlawlor60@gmail.com

#### Perfect for:

- Meetings
- Gatherings
- Parties

#### **Additional Information**

For more information regarding our facilities, availability, and rental pricing, please visit our website at: oro-medonte.ca/facilities



# FACILITY RENTALS

Great for community groups, sport organizations, private events, parties, meetings and more



For more info email recreation@oro-medonte.ca