

ORO-MEDONTE RECREATION GUIDE

FALL
2025

Drop-in Program Schedule Inside

See pages 13-14 for
more information

NEW!

Brand New
Programs at the
Simcoe Woods
Community Centre!

Fall Program Registration Information

Fall Program Registration Date

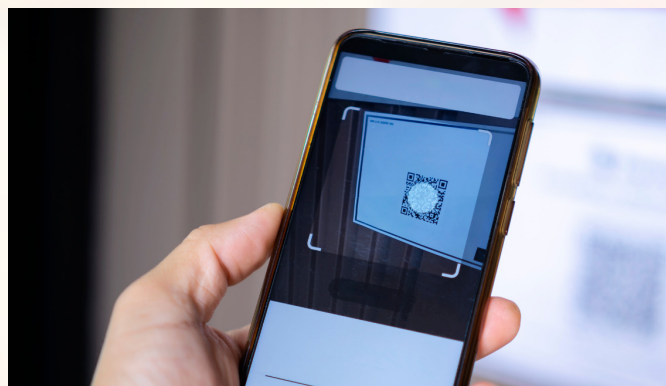
Online Registration:

Wednesday, August 27, 2025 at 8:00AM

Program registration must be completed online via our online recreation portal PerfectMind.

Visit by clicking the link: Oro-Medonte.perfectmind.com.

Or Scan the QR Code Below!



Program Facility Locations

Oro Medonte Community Arena	71 Line 4 North, Guthrie
W.R. Best Public School	2221 Old Barrie Rd W, Shanty Bay
Guthrie Public School	5 Line S, Oro Station
Carley Hall	396 Warminster Sideroad, Moonstone
Simcoe Woods Community Centre	737 Horseshoe Valley Road West, Oro-Medonte



Questions?

If you have any questions or require assistance, please e-mail Jodi Grubb at jgrubb@oro-medonte.ca.

Registration Information

Registration Forms

Please complete all of the required fields on your registration questionnaire to ensure that we have all the necessary information. In addition ensure you read registration details prior to checking out.

Registrations

We reserve the right to withdraw, postpone, cancel or combine classes, limit registration, or change instructors. Every effort is made to enroll you in your 1st program choice. Should the program be full, please add yourself to the waiting list. Wait lists will be accommodated where possible.

Cancellations

If a program is cancelled, you will be notified by email or telephone. You may transfer to another program, free of charge (subject to availability), receive a full refund, or apply a credit to your account.

Refunds

All refund requests must be made **IN WRITING** to jgrubb@oro-medonte.ca. Please allow 2-3 weeks for all refunds to be processed. For a withdrawal/transfer less than 7 days prior to the start of the program, please email jgrubb@oromedonte.ca

Non-Medical Refunds

Non-medical related refund requests for **ALL PROGRAMS** will only be accepted prior to the second regularly scheduled class.

Cancellation Options	Refund Policy
7 Days or more prior to the start of the program.	Full refund, no administration fee.
6 Days or less prior to the start of the program.	Full refund, less the \$25.00 administration fee.
After 1st class, before the 2nd class.	Pro-rated refund, less the \$25.00 administration fee.
After the start of the second class.	No refund.

Refunds Due to Medical Issues

For all programs, there will be no administration fee for refunds due to medical reasons (proration still applies). Refunds/transfers will be processed according to the date your written request is received by our Department. Participants will be asked to provide a doctor's note.

Waiting List

If you cannot be accommodated in any of your selections, you are encouraged to add yourself to the waiting list for the program(s) of your choice. Every effort is made to accommodate program waitlists by either adding additional classes or transferring you into another available program, where possible.

Transfers

Transfers for general programs can take place at any time, subject to availability.

Schedules

Our best effort is made to provide you with the most accurate information at the time of printing, however, schedules are subject to change. We reserve the right to cancel, amend, change, postpone or combine classes/activities that are listed in this guide.

Safe Arrival & Departure

Staff ask that parents/guardians walk their child(ren) into the program when dropping them off, and come into the room to pick them up. Please ensure the instructor is aware of your presence when you return to pick up your child. If your child is being picked up by someone else, please inform an instructor at the beginning of class.

Participant Behaviour

We want to create an environment of trust, safety and fun! Disrespectful or aggressive behaviour is not acceptable. If inappropriate behaviour occurs, a participant's actions may lead to their removal.

Photographs/Videos

The Community Services Department requires permission for photos to be taken and used to promote programs. Permission can be accepted or rejected in the registration process.

Pre-School Programs

Fun Themed Workshops

Join Us For These Exciting Programs!

Fun Fall Colours

Age: 2 to 4 years

Location: Simcoe Woods Community Centre

Discover your child's creativity with this exciting program. Children will focus on the use of beautiful fall colours while creating crafts, singing songs, playing games and finishing the class with a story.

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 4	11:15am - 12:00pm	\$14.00/1

Little Monsters

Age: 2 to 4 years

Location: Simcoe Woods Community Centre

Dress up in a costume, orange or black and come participate in this fun filled program. Participants will create a unique treat bag, paint a pumpkin and finish the program with a spooky story. Share this fun program with your little monster!

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 25	11:15am - 12:00pm	\$14.00/1

ABC 123

Age: 2 to 4 years

Location: Simcoe Woods Community Centre

Explore the world of letters, numbers, and fun in this playful recreation program! Little ones will enjoy interactive games, music, movement, and creative activities designed to spark early learning and social development.

DAY	DATE	TIME	FEE/CLASS
Sun	Oct 5	11:15am - 12:00pm	\$14.00/1



**Parent
On-Site**



**Parented
Program**

Jumping Jellybeans

Age: 11m to 2.5 years

Location: Simcoe Woods Community Centre

Wiggle, giggle, and grow together! This active program for toddlers and their grown-ups features simple movement games, sing-alongs, and exploratory play to support motor development and coordination. With soft equipment, upbeat music, and playful group interaction, it's a sweet way to get little ones bouncing with delight.

***No Class: Nov 11th*

DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	9:45am - 10:30am	\$100.00/8
Sat	Oct 4	10:00am - 10:45am	\$100.00/8

Curio – Play With Me

Age: 0 to 4 years

Location: Simcoe Woods Community Centre

Join us for songs, stories, and playful exploration in this parent-participation program designed to spark creativity and connection. With circle time, open-ended play zones, and sensory crafts, little ones grow through joy and hands-on fun.

DAY	DATE	TIME	FEE/CLASS
Fri	Oct 3	9:45am - 10:45am	\$175.00/8

Mini Movers

Age: 3m to 1 year

Location: Simcoe Woods Community Centre

It's never too early to start moving! This nurturing program invites infants and their caregivers to explore the joys of movement through tummy time, musical play, and gentle guided activities. Designed to support early motor development, Mini Movers offers a warm, social environment where babies build strength and curiosity, and grown-ups connect and learn, too.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 1	9:45am - 10:30am	\$100.00/8

Pre-School Programs



Pre-School Dance

Age: 4 to 6 years

Location: Simcoe Woods Community Centre

Tiny twinkling toes bouncing! Join this introductory to dance program. Dancers will learn basic skills, feel the rhythm and experience movement to music with a short show for families at the end of the program. This program is ideal for littles that enjoy music to express their creativity and get their wiggles out!

****No Class: Oct 13th**



DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	5:30pm - 6:15pm	\$100.00/8

Mommy & Me Fitness

Age: 0 to 18 months

Location: Simcoe Woods Community Centre

A gentle and joyful fitness program designed for caregivers and their little ones. Each session blends light movement, bonding activities, and playful interaction, creating a supportive space to build strength, nurture connections, and enjoy early milestones together.



DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	9:45am - 10:30am	\$100.00/8



Stroll and Stretch

Age: 1m to 2 years

Location: Simcoe Woods Community Centre

This parent-focused wellness program combines gentle walking and guided stretching in a relaxed setting, all while your little ones ride along in their strollers. It's a perfect way to ease back into movement and connect with other caregivers! This program will be offered both indoors and outdoors, weather dependent.



DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	9:45am - 10:45am	\$100.00/8

Children Programs

Fun Themed Workshops

Join Us For These Exciting Programs!

Fun Fall Colours

Age: 4 to 7 years

Location: Simcoe Woods Community Centre

Discover your child's creativity with this exciting program. Children will focus on the use of beautiful fall colours while creating crafts, singing songs playing games and finishing the class with a story.

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 4	12:50pm - 1:15pm	\$14.00/1

Halloween Craft Party

Age: 5 to 8 years

Location: Simcoe Woods Community Centre

Scare up some fun with this one-day Halloween program. Your costumed child will participate in some creepy crafts, songs, games and dancing. Join us if you dare for some Halloween scares.

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 25	12:50pm - 1:15pm	\$14.00/1

Children's Dance

Age: 7 to 10 years

Location: Simcoe Woods Community Centre

Join this fun-filled dance program crafted just for kids ready to move, groove, and grow. Young dancers will explore basic technique, musicality, and creative movement through energetic classes that build confidence and coordination. The program wraps up with a delightful performance for family to showcase their rhythm and shine!

***No Class: Oct 13th*

DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	6:30pm - 7:30pm	\$100.00/8

Elevation Athletics – Junior Basketball

Location: Simcoe Woods Community Centre

Junior Basketball participants aged 5-7 years will learn the fundamental skills of basketball through fun, engaging games and drills, building essential qualities including leadership, sportsmanship, teamwork and respect. This program is offered by the Elevation Athletics Association. Basketballs will be provided to use.

Age: 5 to 7 years

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 4	8:00am - 8:50am	\$136.00/8

Junior Basketball participants aged 8-10 years will learn and practice the fundamental skills of basketball through fun, engaging games and drills, building essential qualities including leadership, sportsmanship, teamwork and respect. This program is offered by the Elevation Athletics Association. Basketballs will be provided to use.

Age: 8 to 10 years

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 4	9:00am - 9:50am	\$136.00/8

Junior Basketball participants aged 11-13 years will learn and practice the fundamental skills of basketball through fun, engaging games and drills, building essential qualities including leadership, sportsmanship, teamwork and respect. This program is offered by the Elevation Athletics Association. Basketballs will be provided to use.

Age: 11 to 13 years

DAY	DATE	TIME	FEE/CLASS
Sat	Oct 4	10:00am - 10:50am	\$136.00/8

Children Programs



Friday Night Sports

Age: 7 to 10 years

Location: Simcoe Woods Community Centre

This dynamic program introduces kids to a variety of sports and active games that build teamwork, coordination, and confidence—all in a playful, welcoming environment. From soccer drills to relay races, it's all about moving, making friends, and burning off energy!

DAY	DATE	TIME	FEE/CLASS
Fri	Oct 3	6:30pm - 7:30pm	\$100.00/8

Run the Rail Trail

Age: See below

Location: 7th Line at the Rail Trail Entrance

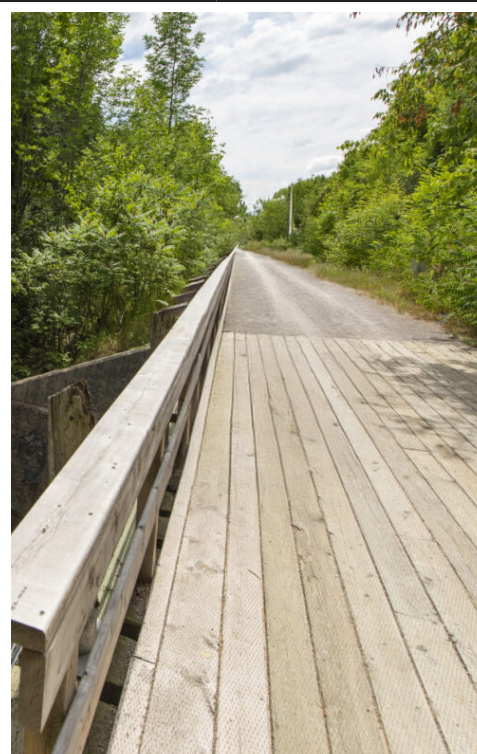
This community-based running club is for children and youth wanting to learn new skills and have fun running with others! This program welcomes participants of all fitness levels. The only competition participants will face is the race against themselves. Learn to build endurance, practice proper running form, intervals, sprints, distance, pacing and injury prevention with proper warm-ups, cool downs and stretching. Each week participants will meet at the rail trail entrance on Line 7 and venture down the rail trail and back!

Age: Child – 7 to 10 years

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	5:15pm - 6:00pm	\$45.00/4

Age: Youth – 11 to 13 years

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	6:10pm - 6:55pm	\$45.00/4



Walking School Bus

Age: 4 to 10 years

Location: Simcoe Woods Community Centre

A playful, hands-on after-school experience for curious kids who love to build, explore, and create. Each week features STEAM-inspired crafts, open-ended activities, and guided play that sparks imagination and collaboration.

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 9	3:50pm - 5:30pm	\$273.00/15
Thu	Sep 11	3:50pm - 5:30pm	\$273.00/15

Play Club

NEW!



Play Club

Age: 6 to 11 years

Location: Simcoe Woods Community Centre

Kickstart the morning or unwind in the afternoon with the Play Club. A vibrant, activity-rich space designed for kids to laugh, move, create, and connect. Children can dive into games, express themselves through crafts, or simply enjoy free play with friends.

AM – Play Club

DAY	DATE	TIME	FEE
M-F	Sep - June	7:00am - 9:30am	\$3,740.00

PM – Play Club

DAY	DATE	TIME	FEE
M-F	Sep - June	3:50pm - 5:00pm	\$2,244.00

Exception Dates

DAY	DATE	TIME
Mon	1-Sep	Labour Day
Fri	26-Sep	PA Day
Mon	13-Oct	Thanksgiving
Fri	24-Oct	PA Day
Fri	14-Nov	PA Day
M-F	Dec 22 - Jan 2	Christmas Break
Fri	30-Jan	PA Day
Mon	16-Feb	Family Day
M-F	Mar 16 - 20	March Break
Fri	3-Apr	Good Friday
Mon	6-Apr	Easter Monday
Fri	24-Apr	PA Day
Mon	18-May	Victoria Day
Fri	5-Jun	PA Day
F-Tue	June 26 - 30	Summer Holiday

Payment Plan Options

Option A

100% due at the time of registration.

Option B

20% (approx. 2 months) due at time of registration.

10% (approx. 1 month) due at the first of every month Starting October 1st.



Camp Programs

Holiday Themed Workshops

PA Day Camp

Age: 4 to 12 years

Location: Simcoe Woods Community Centre

Join us for a day full of activities including arts and crafts, sports, songs, games and more. Please send your child with snacks, drinks, and lunch each day. Kindly note that we are a NUT-AWARE environment. Also, be sure to pack indoor shoes and appropriate outdoor clothing/layers, as we plan to spend time outside daily. Campers will be separated into age-appropriate groups when needed.

Note: Drop-off time from is 8:30am to 9:00am. Pick-up time is from 4:00pm to 5:00pm.

DAY	DATE	TIME	FEE/CLASS
Fri	Sep 26	8:30am - 5:00pm	\$50.00/1
Fri	Oct 24	8:30am - 5:00pm	\$50.00/1
Fri	Nov 14	8:30am - 5:00pm	\$50.00/1

Winterfest Camp

Age: 4 to 12 years

Location: Simcoe Woods Community Centre

Take a break from the cold weather and join us for a variety of fun activities including games, sports, arts and crafts, and more.

Note: Drop-off time from is 8:30am to 9:00am. Pick-up time is from 4:00pm to 5:00pm.

DAY	DATE	TIME	FEE/CLASS
M-T	Dec 22-23	8:30am - 5:00pm	\$100.00/2
MTF	Dec 29-Jan 2	8:30am - 5:00pm	\$150.00/3



Join us throughout December for Holiday Themed FUN!

Letters to Santa

Age: 5 to 10 years

Location: Simcoe Woods Community Centre

Ho Ho Ho! Santa is on the way. Join us for this fun workshop where we will be writing letters to Santa in a fun and creative way. Children will also make reindeer food, a Christmas craft and enjoy a cookie! Children must be accompanied by a parent or caregiver.

DAY	DATE	TIME	FEE/CLASS
Sat	Dec 6	9:30am - 10:30am	\$14.00/1

Hot Cocoa & The Holidays

Age: See below

Location: See below

Celebrate the season with warmth, wonder, and a sprinkle of holiday magic! Join us for a cozy and cheerful holiday-themed program where kids can sip on warm hot cocoa, get creative with festive crafts, play winter games, and enjoy heartwarming holiday stories. From decorating cookies to making snowflake art, every activity is designed to spark joy and imagination.

Age: JR – 4 to 6 years

Location: Simcoe Woods Community Centre

DAY	DATE	TIME	FEE/CLASS
Sat	Dec 13	10:00am - 10:45am	\$14.00/1

Age: JR – 7 to 10 years

Location: Simcoe Woods Community Centre

DAY	DATE	TIME	FEE/CLASS
Sat	Dec 13	11:00am - 12:00pm	\$14.00/1

Adult Programs

Pickleball League – Beginners

Age: 18+

Location: Simcoe Woods Community Centre

Offered in partnership with Elevation Athletics Association, this weekly pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches competing for individual points and league ranking. Paddles will be provided for players who do not have their own. This league is for players that may be new to pickleball.

***No Class: Oct 13th*

DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	6:00pm - 7:45pm	\$136.00/8

Pickleball League – Intermediate

Age: 18+

Location: Simcoe Woods Community Centre

Offered in partnership with Elevation Athletics, this weekly Pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches and will be competing for individual points and league ranking. This league focuses on competitive game play for players in the 3.0-4.0 level.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	7:30pm - 9:15pm	\$136.00/8

Line Dancing

Age: 18+

Location: Simcoe Woods Community Centre

Discover the fun and fitness of line dancing in this upbeat class designed for all experience levels. Learn classic steps and modern moves to catchy tunes while improving coordination, balance, and rhythm.

DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	7:30pm - 9:00pm	\$120.00/8

Pickleball Lessons – Beginners

Age: 18+

Location: Simcoe Woods Community Centre

Offered in partnership with Elevation Athletics Association, players will learn and improve upon pickleball basics and be able to play with confidence at the end of the 8-week program. Coaches will cover the fundamentals of serving, return and volley. All players will be assessed based on the Canadian Pickleball Rating system on the last day. All abilities and skill levels are welcome. Players are welcome to bring their own paddles however, paddles will be available for those who do not have one.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 1	6:00pm - 7:00pm	\$117.00/8
Wed	Oct 1	7:15pm - 8:15pm	\$117.00/8

Creative Café – Pottery

Age: 18+

Location: Simcoe Woods Community Centre

In partnership with Creative Café the Township will be offering a paint your own pottery, art and mixed media program. Mediums will include clay hand building, glass fusing, pottery painting and canvas.

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	6:00pm - 8:00pm	\$360.00/8



Adult Programs



Seniors Card Games

Age: 55+

Location: Simcoe Woods Community Centre

Gather with friends old and new for an afternoon of classic card games, laughter, and light-hearted competition! Whether you're a seasoned player or just looking to learn, this welcoming social program is perfect for adults 55 and up who want to stay sharp, share stories, and enjoy a relaxed and friendly atmosphere.

****No Class: Oct 13th**

DAY	DATE	TIME	FEE/CLASS
Mon	Sep 29	1:30pm - 3:00pm	\$15.00/8

Seniors Social

Age: 55+

Location: Simcoe Woods Community Centre

Our Seniors Social Program is designed to provide a welcoming and engaging environment for older adults. The program focuses on fostering social connections and mental well-being and offering a variety of activities. Social hours could include things such as: cards, storytelling, crafting, puzzles and board games. Other suggestions from participants are welcomed.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 1	1:30pm - 3:00pm	\$15.00/8



Sewing for Beginners

Age: 18+

Location: Oro-Medonte Community Arena

This beginner sewing course introduces the basics of sewing machine use, including threading, bobbin winding, and simple maintenance. Students will practice key skills—straight stitching, seam finishing, and zipper installation—while making a toiletry bag. All project materials are provided, but students must bring their own machine and notions (scissors, thread, etc.). By the end, participants will feel confident using their machines and ready for future projects. If you need a machine, please email Jodi Grubb at jgrubb@oro-medonte.ca to check availability.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	7:00pm - 8:00pm	\$75.00/4
Thu	Oct 30	7:00pm - 8:00pm	\$75.00/4

Fitness Classes

Women's Cardio Kick

Age: 18+

Location: Simcoe Woods Community Centre

Ignite your energy and build endurance with this high-intensity workout with dynamic cardio. Perfect for all fitness levels, Cardio Kick will leave you sweating, smiling, and stronger than ever.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	1:00pm - 1:50pm	\$75.00/10

Core & Mobility

Age: 18+

Location: Simcoe Woods Community Centre

Targets your core while improving joint mobility and functional range of motion.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	6:00am - 6:50am	\$75.00/10
Sat	Oct 4	8:00am - 8:50am	\$75.00/10

HIIT (High-Intensity Interval Training)

Age: 18+

Location: Simcoe Woods Community Centre

Intense bursts of activity with short recovery periods to burn fat and build endurance.

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	6:00am - 6:50am	\$75.00/10
Sat	Oct 4	9:00am - 9:50am	\$75.00/10

Muscle Up

Age: 18+

Location: Simcoe Woods Community Centre

This strength & conditioning class will help you in building muscle through resistance training using body weight as well as equipment.

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	6:00pm - 6:50pm	\$75.00/10

Mens Fit

Age: 18+

Location: Simcoe Woods Community Centre

A strength-focused training class designed for men looking to challenge themselves and build functional fitness. Combine resistance, mobility, and cardio drills in a motivating group setting that pushes limits and promotes overall wellness.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	12:00pm - 12:50pm	\$75.00/10

Muscle Fusion

Age: 18+

Location: Simcoe Woods Community Centre

Combines elements of strength and cardio to sculpt lean muscle and boost metabolism.

***No Class: Oct 13th*

DAY	DATE	TIME	FEE/CLASS
Fri	Oct 3	7:00am - 7:50am	\$75.00/10

Older Adult – Chair Yoga

Age: 55+

Location: Simcoe Woods Community Centre

A calming, seated practice designed for all levels to promote relaxation and gentle stretching. Accessible for older adults or participants with varying fitness levels.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 1	6:00pm - 6:50pm	\$75.00/10

Strength Bootcamp

Age: 18+

Location: Simcoe Woods Community Centre

Challenge your limits with this full-body training class that blends power moves, functional strength exercises, and endurance drills.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	11:00am - 11:50am	\$75.00/10

Fitness Classes

Pilates

Age: 18+

Location: Simcoe Woods Community Centre

Low-impact movements that strengthen deep core muscles, improve posture, and enhance flexibility.

DAY	DATE	TIME	FEE/CLASS
Sun	Oct 5	9:00am - 9:50am	\$75.00/10

Refit ® Cardio

Age: 18+

Location: Simcoe Woods Community Centre

Don't know how to dance? Me neither. A positive dance workout experience for EVERYbody. A workout with strengthening, toning, and particular focus on cardio elements that fits ALL fitness levels.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	6:00pm - 6:50pm	\$75.00/10

Refit ® Strengthening

Age: 18+

Location: Simcoe Woods Community Centre

Don't know how to dance? Me neither. A positive dance workout experience for EVERYbody. A workout with cardio, toning, and particular focus on strengthening elements that fits ALL fitness levels.

DAY	DATE	TIME	FEE/CLASS
Thu	Oct 2	7:00pm - 7:50pm	\$75.00/10

Strength & Stretch

Age: 18+

Location: Simcoe Woods Community Centre

This class focuses on posture, strength, stability, and mobility, it's 25 minutes of strength using bands and light weights followed by 25 minutes of stretching and relaxation.

DAY	DATE	TIME	FEE/CLASS
Tue	Sep 30	7:00pm - 7:50pm	\$75.00/10
Sun	Oct 5	8:00am - 8:50am	\$75.00/10

Total Body Strength

Age: 18+

Location: Simcoe Woods Community Centre

Focused strength training using weights and resistance to build overall muscle.

***No Class: Oct 13th*

DAY	DATE	TIME	FEE/CLASS
Fri	Oct 3	6:00am - 6:50am	\$75.00/10

Classic Yoga

Age: 18+

Location: Simcoe Woods Community Centre

This yoga class enhances fitness, supports overall health, restores mind-body-spirit balance, and builds mental focus and discipline.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 1	7:00pm - 7:50pm	\$75.00/10
Sat	Oct 4	10:00am - 10:50am	\$75.00/10

Yoga – Grit and Gratitude

Age: 18+

Location: Simcoe Woods Community Centre

Yes, you'll leave this class feeling relaxed, but not before you put in some serious work. This class is all about deep stretching, proper alignment, and getting into those tight spots—while still keeping the intensity up. It's a chance to challenge your strength, refine your form, and leave feeling like you've done more than just stretch. The goal here: flexibility and strength. Get ready to work—and then reward yourself with that post-class glow.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 8	6:00am - 6:50am	\$75.00/10

Fitness Classes



Yoga – Monday Momentum

Age: 18+

Location: Simcoe Woods Community Centre

Kickstart your week with a burst of energy! This energetic flow is designed to get your heart pumping, your muscles fired up, and your mind focused for a week of success. Think of it as the perfect alternative to a morning run—without the pavement pounding!

****No Class: Oct 13th**

DAY	DATE	TIME	FEE/CLASS
Mon	Oct 6	6:00am - 6:50am	\$75.00/10

Yoga – Bends-Day Yoga

Age: 18+

Location: Simcoe Woods Community Centre

Say “yes” to a mid-week reset! This class is all about feeling good in your body and meeting you wherever you are at. You’ll be working deeper, stretching further, and engaging muscles you forgot you had. It’s a perfect blend of mindful movement with plenty of work. Don’t be fooled by the laid-back vibe—by the end, you’ll be feeling stronger, clearer, and maybe a little proud of yourself. All levels welcome.

DAY	DATE	TIME	FEE/CLASS
Wed	Oct 8	7:00am - 7:50am	\$75.00/10



Yoga – Rise and Shine

Age: 18+

Location: Oro-Medonte Community Arena

Set the tone for your week with a class dedicated to building strength from the ground up. This practice focuses on refining alignment and cultivating discipline, ensuring that every pose is executed with intention and precision. All levels welcome.

****No Class: Oct 13th**

DAY	DATE	TIME	FEE/CLASS
Mon	Oct 6	7:00am - 7:50am	\$75.00/10

Drop-Ins

A flexible and casual way for participants to enjoy recreational activities without needing to register in advance. These sessions are open to all skill levels and provide access to equipment and space, with staff present to ensure a safe and welcoming environment. Instruction is not provided, making it perfect for self-guided play, practice, or friendly competition.



Open Gym

Move freely in a multi-use space designed for unstructured activities. Available items include cones, mats, skipping ropes, hula hoops, assorted fitness accessories, light balls and other interactive gear.



Badminton

Enjoy light competition or personal skill-building. We supply rackets, birdies (shuttlecocks) and nets.



Basketball

Enjoy spontaneous hoops action with friends or solo practice. We provide basketballs in various sizes and adjustable and regulation-height nets.



Pickleball

Fast-paced fun meets easy-to-learn game play. We supply pickleball paddles, balls and nets.



Volleyball

Serve, spike, and rally in a casual setting. We provide the volleyballs and regulation-height nets.

Drop-In Fees: Single Admission & 10 - Punch Passes

The Township of Oro-Medonte is offering both single visit admission as well as 10-visit punch pass options for both Drop-in Gym times and Fitness Classes.

Single Visit / 10-Visit Pass

	Fitness Classes	Gym Drop-Ins
Children (12yrs & under)	-	\$2.15 / \$20.00
Youth (13yrs - 17yrs)	-	\$3.15 / \$30.00
Adult (18yrs+)	\$6.00 / \$50.00	\$3.75 / \$35.00
Senior (55yrs+)	\$5.25 / \$42.50	\$2.00 / \$17.50
Special Needs Adult	\$5.25 / \$42.50	\$2.00 / \$17.50
Family*	-	\$9.50 / \$92.00

*Family Pass includes up to 5 family members (2 adults and up to 3 children/youth or 1 adult and up to 4 children/youth) living at the same address. Additional Children can be added for standard pricing.

Drop-Ins

Pre-School Drop-Ins

Under 5yrs accompanied by an adult

Open Gym

Day(s)	Time
Mon/Wed/Fri	1:30pm - 3:00pm
Tue/Thu	9:45am - 11:15am
Sun	8:00am - 9:30am

Family Drop-Ins

Open Gym

Day(s)	Time
Sat	8:00am - 9:30am
Sun	9:30am - 11:00am

Pickleball

Day(s)	Time
Sun	8:00am - 9:30am

Youth Drop-Ins

13-17yrs

Open Gym

Day(s)	Time
Mon/Wed	4:00pm - 5:30pm
Thu	5:30pm - 7:00pm
Fri	7:30pm - 9:00pm
Sun	12:30pm - 2:00pm

Basketball

Day(s)	Time
Wed	6:00pm - 7:30pm



Adult Drop-Ins

18yrs+

Volleyball

Day(s)	Time
Mon	8:00pm - 9:30pm

Pickleball

Day(s)	Time
Mon/Wed/Fri	10:00am - 11:30am
Tue	8:00pm - 9:30pm
Sun	9:30am - 11:00am
Sun	11:00am - 12:30pm

Badminton

Day(s)	Time
Tue	2:00pm - 3:30pm

Basketball

Day(s)	Time
Wed	8:00pm - 9:30pm

Senior Drop-Ins

55yrs+

Beginner Pickleball

Day(s)	Time
Tue/Thu	12:00pm - 1:30pm

**Please note: Schedules are subject to change. Please check www.oro-medonte.ca for the most up-to-date drop-in times.*



Community Halls



Carley Hall
396 Warminster Side Rd

Booking Information:
carleycommunityhall.com

Perfect for:

- Meetings
- Weddings
- Parties



Eady Hall
73 Eady Station Road

Booking Information:
eadycommunityhall@gmail.com

Perfect for:

- Meetings
- Gatherings
- Parties



Edgar Hall
1167 Old Barrie Road West

Booking Information:
lorijchalmers@gmail.com

Perfect for:

- Meetings
- Bridal Showers
- Parties



Hawkestone Hall
3 Allen Street

Booking Information:
hawkestonehall@gmail.com

Perfect for:

- Meetings
- Parties
- Pickleball



Jarratt Hall
837 Horseshoe Valley Road

Booking Information:
evelynlawlor60@gmail.com

Perfect for:

- Meetings
- Gatherings
- Parties